

# The Landry's Story



Tammy Landry, Terri Cooper, Kendra Duggan

"I decided to be the ALS Walk Ambassador to be able to tell our story, to show that, regardless of the disease, we were able to continue to do the things that Kevin wanted to do with support and help from the ALS Society and from friends and family at home."



Tammy Landry, lost her beloved husband, Kevin, in May of 2020 after a 15 month journey with ALS.

"ALS is an extremely crippling disease," says Tammy. "When we first heard the words, 'Mr. Landry you have ALS', it was one of those moments I describe as driving down the road and you know you're probably going a little bit too fast. You see the blue and red lights behind you and your stomach kind of sinks. You have that feeling. That's the way I felt that day."

But for Kevin, most days, he always had a smile on his face and had a thumbs up attitude. When he was first diagnosed with ALS, he said "I'm going to do everything I can do, til I can't do it and then I'll find another way to do it."

After Kevin's diagnosis, he started to need equipment to help keep him safe and comfortable as the disease progressed. Kevin received equipment from the ALS Society of New Brunswick and Nova Scotia at no cost to Kevin and Tammy. This equipment helped Kevin stay at home throughout the progression of his disease, which was his wish.

Tammy has many fond memories of Kevin, but she will always remember him for his willingness to help others and his giving attitude. She will continue Kevin's legacy of helping people by being 2021's ALS Walk Ambassador so people living with ALS can access equipment like Tammy and Kevin did so they could fulfill Kevin's wishes of staying at home.

