

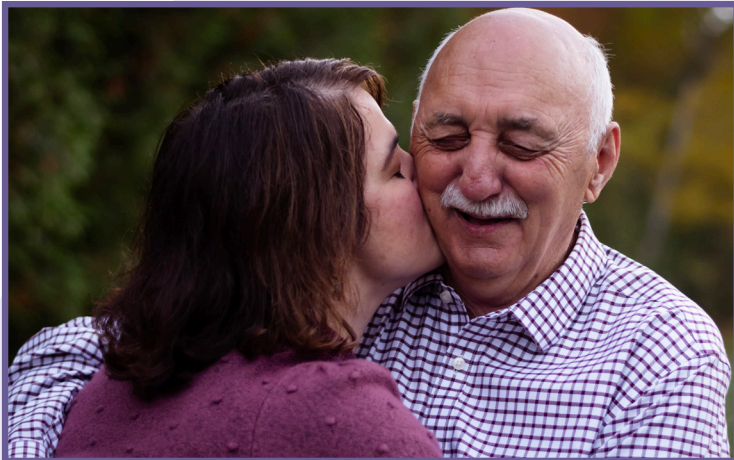
MEET JEN!

ALS WALK STRONG 2022 AMBASSADOR

Pharmacist and Volunteer Board Member for the ALS Society of New Brunswick and Nova Scotia. Jen resides in Quispamsis, New Brunswick with her husband, Corey and two children, Veronica (6) and 'little' Walter (3), named after Jen's dad.



"ALS Walk Strong 2021 was my first experience fundraising. I talked to a lot of people about the ALS Society of New Brunswick and Nova Scotia. When you explain what they do and what they help supply to families and at no charge and they help keep quality of life high, people are blown away by that. When I told people it was for my dad they would say 'Oh, no problem. I would love to support that! Anything your dad needs.' It's been pretty amazing the amount of support that's come that way. And by fundraising, it's not only helping dad, it's helping everyone with an ALS diagnosis. It's a good cause and people recognize that."



JEN AND HER DAD, WALTER



VERONICA, MATTHEW, JEN, WALTER, GLENDA, COREY, AND LITTLE WALTER

Jen grew up in Quispamsis with her parents, little brother, Matthew, and lots of cousins, aunts and uncles, and grandparents. As a tight knit family, Jen spent much of her time growing up playing crib and hanging out with her brother every weekend. One of Jen's favourite parts of growing up was playing crib with her dad and snatching the family's Cummings Crib Trophy after beating her dad with a perfect 29-point hand.

When Jen's dad, Walter, was diagnosed with ALS in the fall of 2020, she felt frustrated and helpless. "What am I going to do? I can't really do anything to help with this. I felt really helpless. I'm a doer. I wanted to do something and there was nothing really I could do, but just support dad at home with whatever he needed. When I saw the listing for Volunteer Board Members, I thought, well this is perfect. This is something I can do; this is something I feel like I can be involved in, and I can help others at the same time. It was an easy decision for me, and it's been a great one."

“And now to become the ALS Ambassador this year is pretty wonderful to be able to share my story and any way to get the message across that the ALS Family is helping my family. Families help families. I feel the love from the ALS Society family, for my dad. And I can just only imagine what the other families feel from them. Because it’s pretty amazing.”

“With an ALS diagnosis, until you have talked to someone who has experienced it and walked in their shoes, there is really no one who can understand what you’re going through and can help you,” says Jen. Before Walter’s ALS diagnosis, Jen and her family thought maybe it was cancer or MS, but ALS never crossed her mind. Since joining the ALS Society of New Brunswick and Nova Scotia, Jen has connected with other families who have experienced an ALS diagnosis. Since receiving support from other families, Jen says she wants to pass on that love and support.

“If someone is just getting diagnosed right now and the children or the spouse are looking to talk or need guidance, I’d love to help you with that. I want to pass the love.

I’m part of your extended family now. So whatever you need, I got you.

Let me know what you need and I’ll help you because it’s never an imposition when it’s family. It’s never a big deal, it’s never a hindrance. You’re family, if this is what you need, I’ll help you.”

IF YOU OR SOMEONE YOU KNOW WOULD LIKE TO BE CONNECTED WITH ALS
AMBASSADOR JEN, OR ANOTHER FAMILY WHO HAS GONE THROUGH/ ARE
GOING THROUGH AN ALS DIAGNOSIS, PLEASE GET IN TOUCH!

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TO REGISTER FOR ALS WALK STRONG, VISIT WWW.ALSWALKSTRONG.CA.
NOT TECH SAVVY? NO PROBLEM! WE CAN HELP WITH THAT!

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